

JIIN

Jiin is not a JKA kata. Often paired with *Wankan* because both were excluded from Masatoshi Nakayama's *Best Karate* volumes, these kata are quite unpopular and rarely, if ever, practiced. *Jiin* can be interpreted as "Love and Shadow," with some preferring the translation of "Temple Grounds." Gichin Funakoshi named the kata *Shokyo* which translates as "Pine Shadow," but this name was never adopted by his students. Having many similarities to *Jion*, *Jiin* is most likely another kata inspired by the teachings of a Buddhist temple in China. *Jiin* is sometimes grouped with *Jion* and *Jitte*, since all three use similar techniques, and all three begin in the "Ming salutation" posture (palm over fist). *Jiin* is a fairly plain, no frills kata, not offering much in the way of new techniques. Its primary technique is the *kosa-uke* (*uchi-uke/gedan-uke*), similar to the one found at the beginning of *Jion*, except in *Jiin*, *gedan-uke* (rather than *uchi-uke*) hovers over the front leg.

Jiin contains two uncharacteristic features for a Shotokan kata. First, *jodan* is the target for move #34; traditional straight punches to *jodan* do not exist in JKA Shotokan kata. Second, in order to finish on the starting point, the karateka must pull in the left leg, an action not in accordance with JKA kata procedure. If the practitioner pulls in the right leg, as is normally the case when finishing in *kiba-dachi*, the starting point won't be reached. Perhaps for these reasons, it was decided to remove *Jiin* from the JKA syllabus, leaving 25 kata instead of 26. Of course, one should know that starting and finishing on the same spot in kata training is a relatively new concept implemented to standardize the judging of kata for competition.

#	Technique	Translation	Stance	Target	Notes
1	uchi-uke / gedan uke (kosa-uke)	inside block / down block (crossing block)	zenkutsu-dachi	chudan gedan	
2	uchi-uke / gedan uke (manji-uke)	inside block / down block (swirling block)	kokutsu-dachi	jodan gedan	
3	uchi-uke / gedan uke (manji-uke)	inside block / down block (swirling block)	kokutsu-dachi	jodan gedan	
4	age-uke	rising block	zenkutsu-dachi	jodan	
5	oi-zuki	lunge punch	zenkutsu-dachi	chudan	
6	age-uke	rising block	zenkutsu-dachi	jodan	
7	oi-zuki	lunge punch	zenkutsu-dachi	chudan	
8	gedan-barai	down block	zenkutsu-dachi	gedan	
9	shuto-soto-mawashi-uchi	outside knife-hand strike	kiba-dachi	jodan	
10	shuto-soto-mawashi-uchi	outside knife-hand strike	kiba-dachi	jodan	
11*	shuto-soto-mawashi-uchi	outside knife-hand strike	kiba-dachi	jodan	
12	ryoken-kakiwake-uke	both fists wedge block	zenkutsu-dachi	chudan	slow speed
13	mae-geri	front kick	ashi-dachi	chudan	
14	oi-zuki	lunge punch	zenkutsu-dachi	chudan	
15	gyaku-zuki	reverse punch	zenkutsu-dachi	chudan	
16	uchi-uke / gedan uke (kosa-uke)	inside block / down block (crossing block)	zenkutsu-dachi	chudan gedan	
17	ryoken-kakiwake-uke	both fists wedge block	zenkutsu-dachi	chudan	slow speed
18	mae-geri	front kick	ashi-dachi	chudan	

19	oi-zuki	lunge punch	zenkutsu-dachi	chudan	
20	gyaku-zuki	reverse punch	zenkutsu-dachi	chudan	
21	uchi-uke / gedan uke (kosa-uke)	inside block / down block (crossing block)	zenkutsu-dachi	chudan gedan	
22	kentsui-uchi-mawashi-uchi	inside hammer-fist strike	kiba-dachi	chudan	
23	kentsui-uchi-mawashi-uchi	inside hammer-fist strike	kiba-dachi	chudan	
24	kentsui-uchi-mawashi-uchi	inside hammer-fist strike	kiba-dachi	chudan	
25	tate-shuto-uke	vertical knife-hand block	zenkutsu-dachi	chudan	slow speed
26	gyaku-zuki	reverse punch	zenkutsu-dachi	chudan	
27	tsuki (oi-zuki)	punch (lunge punch)	zenkutsu-dachi	chudan	
28	mae-geri	front kick	ashi-dachi	chudan	
29	gyaku-zuki	reverse punch	zenkutsu-dachi	chudan	
30	uchi-uke / gedan uke (kosa-uke)	inside block / down block (crossing block)	zenkutsu-dachi	chudan gedan	
31	uchi-uke / gedan uke (kosa-uke)	inside block / down block (crossing block)	kiba-dachi	chudan gedan	
32	gedan-uke	down block	kiba-dachi	gedan	slow variation
33	ryoken-kakiwake-uke	both fists wedge block	kiba-dachi	chudan	slow speed
34	tsuki (choku-zuki)	punch (straight punch)	kiba-dachi	jodan	chudan variation
35*	tsuki (choku-zuki)	punch (straight punch)	kiba-dachi	chudan	naore variation