

TEKKI NIDAN

Tekki Nidan is the shortest *Tekki* kata, consisting of 24 movements. Similar to *Tekki Shodan* in many ways, this kata is also performed almost entirely in horse stance, with the exception of a few crossing steps and one *heisoku-dachi*. The objective in this kata is to develop grabbing, throwing, and locking applications while maintaining a strong *kiba-dachi*. To accomplish this, the student is introduced to many new techniques such as *ryo-zenwan-suihei-kamae*, *zenwan-shomen-gedan-kensei*, and *oshi-uke*. The use of *tsukami-uke* in this kata teaches how to draw an opponent in for counter-attack.

#	Technique	Translation	Stance	Target	Notes
1	ryo-zenwan-suihei-kamae	horizontal forearms posture	--	--	kosa-ashi slow speed
2	zenwan-sokumen-uke / zenwan-suihei-mune-kamae	forearm block to side / horizontal forearm posture	kiba-dachi	chudan chudan	fumikomi
3	zenwan-shomen-gedan-kensei	forearm frontal low feint	--	gedan	kosa-ashi
4	zenwan-sokumen-gedan-uke (oshi-uke)	low forearm block to side (pushing block)	kiba-dachi	gedan	
5	ryo-zenwan-suihei-kamae	horizontal forearms posture	heisoku-dachi	--	slow speed
6	zenwan-sokumen-uke / zenwan-suihei-mune-kamae	forearm block to side / horizontal forearm posture	kiba-dachi	chudan chudan	
7	zenwan-shomen-gedan-kensei	forearm frontal low feint	--	gedan	kosa-ashi
8	zenwan-sokumen-gedan-uke (oshi-uke)	low forearm block to side (pushing block)	kiba-dachi	gedan	
9	kao muki / koshi-kamae	face turning / hip posture	kiba-dachi	--	

10	soete-uchi-uke	added-hand inside block	kiba-dachi	chudan	
11	koshi-kamae & fumikomi / mae-empi-uchi	hip posture & foot stomp / front elbow strike	ashi-dachi kiba-dachi	-- chudan	
12	tsukami-uke (koko-uke)	grasping block (tiger-mouth)	kiba-dachi	chudan	slow speed
13	kagi-zuki	hook punch	kiba-dachi	chudan	
14	jotai-sonomama	upper body as is	--	--	kosa-ashi slow speed
15	fumikomi / uchi-uke	stomp kick / inside block	kiba-dachi	gedan chudan	
16*	haiwan-uchi-nagashi-uke / gedan-uke & tate-uraken-uchi / zenwan-suihei-mune-kamae	back-arm inside flowing block / down block & vertical backfist strike / horizontal forearm posture	kiba-dachi	jodan gedan jodan chudan	ura-zuki variation
17	kao muki / koshi-kamae	face turning / hip posture	kiba-dachi	--	
18	soete-uchi-uke	added-hand inside block	kiba-dachi	chudan	
19	koshi-kamae & fumikomi / mae-empi-uchi	hip posture & foot stomp / front elbow strike	ashi-dachi kiba-dachi	-- chudan	
20	tsukami-uke (koko-uke)	grasping block (tiger-mouth)	kiba-dachi	chudan	slow speed
21	kagi zuki	hook punch	kiba-dachi	chudan	
22	jotai-sonomama	upper body as is	--	--	kosa-ashi slow speed
23	fumikomi / uchi-uke	stomp kick / inside block	kiba-dachi	gedan chudan	

24*	haiwan-uchi-nagashi- uke / gedan-uke & tate-uraken-uchi / zenwan-suihei-mune- kamae	back-arm inside flowing block / down block & vertical backfist strike / horizontal forearm posture	kiba-dachi	jodan gedan jodan chudan	ura-zuki variation
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