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| |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | **Grading Test 6th Kyu  C:\Users\Eshan\Documents\Karate Website Stuff\b_orange.gif** | | | **Name of Student**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Date**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  New: Should know how to count in Japanese 1 to 10 | | | **Punches**: | Morete Zuki  Tate Zuki  Kagi Zuki  Ura Zuki  Hiji/Ate Uchi: Mae, Yoko, Ushiro, Otoshi, Age | | **Kicks:** | Mawashi Geri, Hiza Geri, Ni Tobi Geri | | **Blocks:** | Shotie Uke: Jodan, Chudan, Gedan  Uchi Uke Gedan Barai, Haishu Uke, Tate Shuto Uke | | **Kata:** | [Kensei Sandan](https://www.youtube.com/watch?v=lbI8gi0mqUg), Heian Sandan | | **Kumite:** | Ippon: 7,8,9  Sunbon: 4,5.6 | | **Self Defence**: | Body Holds | | **Past Syllabus-Mandatory** | Should Know all syllabus & will be tested randomly-  Includes Kumite, Dojo Kun | | **Tameswari  ( Breaking Technique):** | 1/4" x 3 with Seiken Zuki | | **Examiner**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Total Marks**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |

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